

Therapy Contributions and Charges – From 1st January 2023

Membership Type	MS Membership Charge
Annual Membership Fee	£24
Joining after 1 July (50% discount)	£12

Membership Fee Information

Membership renewal fees run from 1st January – 31st December and are collected at the beginning of the year.

For new members who join on or after 1st July a 50% discount will be applied to the total membership fee.

Oxygen Therapy	MS Member Contribution for an individual session	MS Member 1 st Treatment Block of 20 Sessions	MS Member Ongoing Treatment Block of 20 Sessions
MS Member Oxygen Therapy	£17	£306	£340

Oxygen Therapy sessions are 1.5 hours long from point of initial compression to completion of decompression.

The first 5 sessions of a block of 20 sessions are complimentary for new MS Members. A voluntary contribution of £17 per session is invited for the following 15 sessions.

Gym / Physiotherapy Room Sessions	MS Member Contribution for an individual session	Hydrotherapy Pool	MS Member Contribution for an individual session
Full Physiotherapy Assessment	£24	Hydrotherapy Induction	£20
Physiotherapy	£24	Hydrotherapy	£20
Pilates/Core Stability	£8	Aqua Yoga/Ai Chi	£10
Gym Session	£5	Leisure Swim	£6
		Family Swims	£20
		Water Reiki	£20

Members wishing to book Physiotherapy/Gym or Hydrotherapy must initially complete a full physiotherapy assessment with one of our qualified Physiotherapists. A Voluntary contribution of £24 is invited for an assessment.

Members wishing to book Hydrotherapy must initially complete a Hydrotherapy induction with one of our qualified Physiotherapist. A Voluntary contribution of £20 is invited for an Induction.

Complementary Therapies	MS Member Contribution for an individual session
Acupuncture	£24
APS	£5.50
Podiatry	£10
Hypnotherapy	£20
Manual Lymphatic Drainage/ Reflexology Lymphatic Drainage	£20
Massage/Reflexology/ Indian Head Massage/ Facial	£20

APS Therapy: For MS Members, when booking in for APS Therapy, a discount of 10% is available when paying for the full 18 sessions. For our MS Members £89 is the total with the discount applied.

Counselling	MS Member
Counselling session 1:1	£20

Cancellation Policy for all Members

We understand that some cancellations may be unavoidable, MS is a very unpredictable condition, as are a number of long-term conditions. The more notice you can give us will enable our Reception Team to re-book the cancelled slot.

- Cancellation Notice Period – a minimum of 1 days notice is required
- On the day no-shows and cancellations with less than 24hrs notice, may be subject to a charge of the full session price

Membership Type	Associate Membership Charge
Annual Membership Fee	£34
Joining after 1 July (50% discount)	£17

Membership Fee Information

Membership renewal fees run from 1st January – 31st December and are collected at the beginning of the year

For new members who join on or after 1st July a 50% discount will be applied to the total membership fee

Oxygen Therapy	Member Charge for an individual session	Member 1 st Treatment Block of 20 Sessions	Member Ongoing Treatment Block of 20 Sessions
Associate Member Oxygen Therapy	£23/£28	£414/£504	£460/£560

Oxygen Therapy sessions are 1.5 hours long from point of initial compression to completion of decompression.

Associate Members: 10% discount applied to the first block of 20 sessions only. A discounted rate is applied to those living with long term conditions as determined by KMSTC, this is highlighted in **red**. Examples include Parkinson's, Fibromyalgia, Cancer, and Chronic Fatigue.

Gym / Physiotherapy Room Sessions	Associate Member Charge	Hydrotherapy Pool	Associate Member Charge
Full Physiotherapy Assessment	£40	Hydrotherapy Induction	£40
Physiotherapy	£33	Hydrotherapy	£33
Pilates/Core Stability	£8	Aqua Yoga/Ai Chi	£15
Gym Session	£8	Leisure Swim	£10
		Family Swims	£27
		Water Reiki	£30

Associate Members wishing to book Physiotherapy/Gym must initially complete a Full Physiotherapy Assessment with one of our qualified Physiotherapists. The assessment will take approximately one hour.

Associate Members wishing to book Hydrotherapy must initially complete a Hydrotherapy induction with one of our qualified Physiotherapist. The assessment will take approximately one hour.

Complementary Therapies	Associate Member Charge
Acupuncture	£38
APS	£8
Podiatry	£40
Hypnotherapy	£30
Manual Lymphatic Drainage/ Reflexology	£33
Lymphatic Drainage	
Massage/Reflexology/ Indian Head Massage/ Facial	£33
Counselling	£20

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- On the day no-shows and cancellations with less than 24hrs notice, may be subject to a charge of the full session price