

Challenge yourself for KMSTC



Support those living with MS and other conditions in Kent

We have a wide range of challenge events available. Set yourself a goal this year to take on a challenge or come up with your own idea!

As well as the challenges listed here, we do have a wider range of treks and running events. Visit our website to see the full list which is updated regularly.

We can also work with corporates to provide team challenge events.



Pick your challenge.

There's something for everyone.



£ 700 minimum sponsorship

● Wing Walk

Experience the thrill of a lifetime by taking part in a wing walk with The Wing Walk Company at Headcorn Airfield. Dates from April - October.



£ 290 minimum sponsorship

● Snowdon at Night

Trekking Mt Snowdon (1,085m) during the daytime forms a great challenge, but by using torches to light our way and having the moon as our backdrop, summiting at night brings another sense of achievement. Range of dates.



£ 350 minimum sponsorship

● Royal Parks Half

Taking place in October, the 13.1m extraordinary route brushes past London's most famous landmarks whilst the roads are closed specifically for this event.



£ 500 minimum sponsorship

● Tandem Skydive

This adrenaline-fuelled experience at Headcorn Airfield is open to anyone over the age of 16. If it's on your bucket list, give it a go! Dates from March - October.



£ 350 minimum sponsorship

● London Landmarks Half

Taking place in April, the 13.1m extraordinary route brushes past London's most famous landmarks whilst the roads are closed specifically for this event.

Offering you more opportunities.

We work with challenge event partners to provide you with a huge range of opportunities in the UK and abroad. If you're looking for something more unique look no further...



Global Challenge Adventures offer some incredible treks and cycles of varying difficulty all over the globe. They provide guides and accommodation as well as prioritising your safety. You can choose to self fund or minimum sponsorship.

Some examples of their adventures include: **3 Peaks Challenge** (Ben Nevis, Scafell Pike and Mount Snowdon in 24 hours), **Everest Base Camp Trek** (12 day trek, 105km covered), **Lands End to John O'Groats Cycle** (1,003 miles) and **London to Paris Bike Ride**...

[Take a look at the range of events here](#)



Run for Charity provide us with a huge list of running events across the country featuring marathons, half marathons, 10k's, 5k's as well as fun runs and obstacle courses so there is truly something for everyone.

Examples of runs you could do include: **Barcelona Marathon**, **Inflatable 5k at Brands Hatch**, **Olympic Park 10k**, **The London Triathlon**, **Yorkshire Marathon**, **Oxford Half**, **Battersea Bungee Jump** and **Glasgow Winter Warmer**.

[Take a look at the range of events here](#)

Support.



- Support and encouragement from our fundraising team to keep you motivated
- A fundraising pack including sponsorship page set up support
- Free KMSTC branded technical vest or t-shirt

Contact us.

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